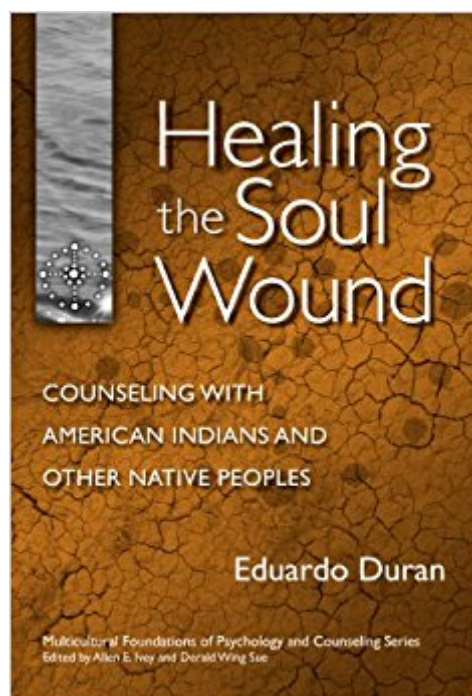


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# Healing The Soul Wound: Counseling With American Indians And Other Native Peoples (Multicultural Foundations Of Psychology And Counseling)



## Synopsis

Eduardo Duran is a psychologist working in Indian country; draws on his own clinical experience to provide guidance to counselors working with Native Peoples. Translating theory into actual day-to-day practice, Duran presents case materials that illustrate effective intervention strategies for prevalent problems, including substance abuse, intergenerational trauma, and internalized oppression. Offering a culture-specific approach that has profound implications for all counseling and therapy, this groundbreaking volume:

- \* Provides invaluable concepts and strategies that can be applied directly to practice.
- \* Outlines very different ways of serving American Indian clients, translating Western metaphor into Indigenous ideas that make sense to Native People.
- \* Presents a model in which patients have a relationship with the problems they are having, whether these are physical, mental, or spiritual.
- \* Includes a section in each chapter to help non-American Indian counselors generalize the concepts presented to use in their own practice in culturally sensitive ways.

## Book Information

Series: Multicultural Foundations of Psychology and Counseling

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## Customer Reviews

"Healing the Soul Wound is the most innovative and thought-provoking scholarship that I've read in a long time.... Taken seriously and applied, it represents a paradigm shift that will transform theory and practice." - From the Foreword by Allen E. Ivey, Distinguished University Professor (Emeritus)"

Eduardo Duran is the Director of Health and Wellness for the United Auburn Indian Community, Northern California.

I believe we are all deeply wounded from our ignorance of our true natures. The healing of the soul wound will benefit our ancestors as well as our future generations. I resonated with Dr Duran's comments and way of working. I am not Native American but was scooped up by the processes that are described in this book and feel that I am not a broken person but a vibrant human who is in a healing process. May we all bare our suffering well.

This author is Native American Native and a trained Cognitive Behavioral Therapist. It is practical to see how he uses Native beliefs, culture and spirituality with Western Psychology.

Such a meaningful and touching book about Native American pain from generations of genocide and abuse.

I loved this book. It is the most important book I have read regarding Native Americans. It has helped me understand their culture and issues.

This is an amazing book. Anyone who is considering counseling, or is curious about counseling, should read this book. It was really enlightening, and Duran's writing made it way to follow!

Interesting and informative, good resource for working with Native American population

A must for anyone who works with Native American and other multi-cultural children, adolescents and families. Dr. Duran's clarity and heart-touching words will surely inspire professionals to look past diagnosis of the DSM V and embrace the reality of as is writes, "Soul Wounding."

Culturally informative and an absolutely engaging read.

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